

CENTRAL EUROPEAN GASTROENTEROLOGY MEETING (CEURGEM)

2019

13-16 February, Timișoara
Central Library of the Polytechnic
University

15-16 February 2019 – EAGEN Postgraduate Course
Health & Disease in the Aging Population
The Role of the Gastrointestinal Tract

PROGRAM

ceurgem2019.medical-congresses.ro

Congress Presidents: Guenter Krejs, Ioan Sporea, Dan L. Dumitrașcu
Course Directors: Dan L. Dumitrașcu, Ioan Sporea, Peter Malfertheiner



FOREWORD

Dear attendants,

Welcome in the beautiful city of Timisoara, the European Cultural Capital 2021!

This ancient, multicultural and cosmopolitan city is hosting now 2 twin meetings: the Central European Gastroenterology Meeting CEURGEM 2019 coupled with the UEG Postgraduate Meeting on Aging in Gastroenterology.

CEURGEM is an initiative dating back in the 90's when the countries from Central and East Europe, isolated behind the iron curtain, were able to gain freedom and visibility. Thanks to the enthusiasm of several promoters, the series of CEURGEM conferences continued and will continue also in the future. This time we attracted also more Eastern countries like Bulgaria and Moldova, who did not attend earlier this series of events.

CEURGEM is followed by one of the most exciting postgraduate courses organized by UEG via the cooperation of its members: the EAGEN, Romanian Society of Gastroenterology and Hepatology and the European Gastroenterological Societies on Primary care and on Helicobacter and microbiology.

Their contributions lead to an excellent scientific program including leaders of opinion and rising talents.

We are confident that you will enjoy these two meetings and wish you very beautiful and useful days in Timisoara!



Dan L. Dumitraşcu



Ioan Sporea



Guenter Krejs



Peter Malfertheiner

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COMMITTEES



CEURGEM
2019

CEURGEM MEETING

Congress presidents:

Guenter Krejs

Ioan Sporea

Dan L. Dumitrașcu

Faculty:

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Alexandru Babin

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EAGEN Postgraduate Course

Course presidents:

Dan L. Dumitrașcu

Ioan Sporea

Peter Malfertheiner

Faculty:

Anca Dimitriu

Dan Dumitrașcu

Pierluigi Fracasso

Simona Grad

Amritpal P. Hungin

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Teodora Surdea-Blaga

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SCIENTIFIC PROGRAM

WEDNESDAY, 13 FEBRUARY 2019

18:00 Opening & Welcome at the Art Museum in Timisoara, Baroque Hall: Ioan Sporea, *Timisoara* and Dan L. Dumitrascu, *Cluj-Napoca*

Introduction, history of CEURGEM - Guenter J. Krejs, *Graz*

THURSDAY, 14 FEBRUARY 2019

9:00-10:40 SESSION 1

CHAIR: Heinz Hammer, Peter Hegyi

9:00-09:20 *Peter Hegyi, Szeged:* Translational medicine: the future in gastroenterology

9:20-09:40 *Agata Mulak, Wroclaw:* Functional dyspepsia – new aspects of pathogenesis and treatment

9:40-10:00 *Heinz Hammer, Graz:* Mistakes in food intolerance

10:00-10:20 *Simona Bataga, Tg-Mures:* Prevention of gastric cancer

10:20-10:40 *Altorjay Istvan, Debrecen:* Nutrition and cancer in the GI tract

10:40-11:10 COFFEE BREAK

11:10-12:50 SESSION 2

CHAIR: Liana Gheorghe, Ioan Sporea

11:10-11:30 *Ioan Sporea, Timișoara:* Hepatological assessment in the last 10 years – from invasive to non-invasive

11:30-11:50 *Cristian Gheorghe, Bucharest:* The first 12 hours for treatment of GI bleeding of patients with cirrhosis

11:50-12:10 *Liana Gheorghe, Bucharest:* Sarcopenia and frailty in cirrhosis

12:10-12:30 *Radislav Nakov, Sofia:* Gastrointestinal manifestations in transthyretin amyloidosis

12:30-12:50 *Katalin Márta, Pecs:* Aging and Comorbidities in Pancreatitis

12:50-14:00 POSTER SESSION

CHAIR: Agata Mulak, Dan Dumitrascu, Istvan Altorjay

Carmen Anton, Iași: Boala Crohn associated with neurofibromatosis type 1 – case report

Victor Baldea, Timișoara: Comparison between the performance of two-dimensional and point shear wave elastography for the noninvasive assessment of liver cirrhosis

Severina Bărbulescu, Timișoara: A new score for predicting variceal bleeding in liver cirrhotic patients

Oana Belei, Timișoara: Intestinal dysbiosis among children with functional digestive conditions

Felix Bende, Timișoara: Performance of a 2D-SWE for predicting different stages of liver fibrosis using transient elastography as the reference method

Steluta Boroghina, Bucharest: Infliximab therapy in children with IBD

Ștefan Chiriac, Iași: The role of inflammation in acute –on liver failure (ACLF) in patients with decompensated liver cirrhosis

Camelia Cojocariu, Iași: Non variceal acute upper gastrointestinal bleeding in elderly patients

Ioana Colosi, Cluj- Napoca: Helicobacter pylori old and new challenges in the microbiological diagnosis

Tudor Cuciureanu, Iași: Gastrointestinal bleeding - a possible side effect of interferon free therapy in elderly patients?

Mihaela Dimache, Iași: Gastrointestinal neuroendocrine tumors in the elderly – clinical presentation

Sanja Dragasevic, Belgrade: Screening strategy for pancreatic adenocarcinoma and use of tumor markers as predictors for unresectability

Renata Fofiu, Timișoara: 2D-shear wave elastography of the spleen - a noninvasive marker for predicting high risk varices in patients with compensated liver cirrhosis

Camelia Gianina Foncea, Timișoara: Day-4 Lille Score in early prediction of corticosteroid response for patients with severe acute alcoholic hepatitis – preliminary results

Irina Girleanu, Iași: Predictors of in-hospital mortality in a cohort of elderly cirrhotic patients with variceal bleeding

Irina Girleanu, Iași: Evaluation of the risk of spontaneous bacterial peritonitis cirrhotic patients treated with proton pump inhibitors

Cosmin Grad, Cluj- Napoca: Use of GASTROPANEL in the diagnosis of dyspepsia

Helga Hajdu, Budapest: Hidradenitis Suppurativa and Inflammatory Bowel Disease: a Case Series

Claudia Haralambie, Sibiu: Systematic review of Barrett esophagus



Laura Huiban, Iași: The impact of long-term antiplatelet therapy on the upper gastro-intestinal tract to elderly patients

Dunja Knezevic, Belgrade: Endoscopic findings and correlation with clinical scores in patients with liver cirrhosis

Alin Lazăr, Timișoara: How many HCV cirrhotic patients go below cirrhotic cut – off values in transient elastography after direct acting agent's treatment?

Ruxandra Mare, Timișoara: The usefulness of M and XL probes in transient elastography for liver stiffness assessment in patients with type 2 diabetes mellitus

Tudor Moga, Timișoara: Performance of a THED system for ruling in/ruling out Liver Cirrhosis as compared with Transient Elastography

Cristina Muzica, Iași: Incidence of colonic diverticulosis and acute diverticulitis among adult population – a single center experience

Silviu George Nistorescu, Timișoara: Ultrasound examination versus controlled attenuation parameter for the assessment of liver steatosis in the hands of a beginner

Oana Petrea, Iași: Particularities of elderly inflammatory bowel disease patients in a tertiary referral center

Corina Pienar, Timișoara: Symptoms, anthropometric and metabolic profile in children with genetic predisposition to primary lactose intolerance

Alexandru Popa, Timișoara: How many valid measurements are necessary to assess liver stiffness using Two-Dimensional Time-Harmonic Elastography?

Ștefan Popa, Cluj- Napoca: Early diagnosis in mesenteric ischemia

Zuzana Rabekova, Prague: A Single Center Experience with more than 300 POEMs for Achalasia

Flaviu Rusu, Cluj- Napoca: Prevalence, clinical characteristics and associated diseases of male patients with Post-Infectious Irritable Bowel Syndrome

Cristina-Maria Sabo, Cluj-Napoca: Solid pseudopapillary neoplasm of the pancreas – a different vascular pattern of contrast –enhanced ultrasonography (CEUS)

Cătălin Victor Sfarti, Iași: Therapeutic endoscopic retrograde cholangiopancreatography for choledocholithiasis in patients 80 years of age and older: efficacy and safety

Ana – Maria Singeap, Iași: Completion rate of small bowel capsule endoscopy in suspected Crohn's disease

Milica Stojkovic Lalosevic, Belgrade: Serum hepcidin levels in patients with decompensated alcoholic liver cirrhosis

Ștefan Stojkovic, Belgrade: Ferritin in evaluation of patients with nonalcoholic fatty liver disease

Boglárka Suga, Budapest: Fertility and Pregnancy in IBD



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Ida Tjesic - Drinkovic, Zagreb: Liver Stiffness Measurement using 2D Shear Wave Elastography is an Independent Predictor of Liver Decompensation and Survival
Adela Turcanu, Kishinew: Change of appetite in digestive disorders
Violeta Ucrainețev, Kishinew: Chronic pancreatitis with somatic symptoms disorder
Verica Zoric, Vrsac: Colorectal carcinoma in the aging population

13:00-14:00 LUNCH

14:00-15:40 SESSION 3

CHAIR: Andrada Seicean, Julius Spicak

14:00-14:20 *Andrada Seicean, Cluj-Napoca:* The minimally invasive therapy of fluid collections in acute pancreatitis

14:20-14:40 *Julius Spicak, Prague:* The role of endoscopy in the management of biliary complications after liver transplantation

14:40-15:00 *Tomas Hucl, Prague:* Management of pancreatic cysts

15:00-15:20 *Romeo Chira, Cluj-Napoca:* The added value of EUS in the diagnosis of liver tumours

15:20-15:40: *Vasile Drug, Iași:* Diagnosis of GERD- where we are in 2019?

15:40-16:10 COFFEE BREAK

16:10 - 17:30 SESSION 4

CHAIR: Alina Popescu, Davor Stimac

16:10 - 16:30 *Alina Popescu, Timișoara:* Opportunistic colo-rectal cancer screening in Romania

16:30 - 16:50 *Davor Stimac, Rijeka:* Gastric pacing - whom to treat with this method

16:50 - 17:10 *Alexandru Babin, Kishinew:* Influence of irritable bowel syndrome comorbidity on quality of life

17:10 - 17:30 *Lidia Ciobanu, Cluj-Napoca:* NSAIDs enteropathy



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FRIDAY, 15 FEBRUARY 2019

9:00-10:40 SESSION 5

CHAIR: Anca Trifan, Mircea Diculescu

9:00-09:20 Anca Trifan, Iași: Clostridium difficile: false or true alarm?

9:20-09:40 Marko Banic, Zagreb: IBD in young and elderly: genes or environment?

9:40-10:00 Cristina Cijevschi, Iași; Mircea Diculescu, Bucharest: A new problem in an East European country - Inflammatory bowel disease in elderly

10:00-10:20 Adrian Goldiș, Timișoara: IBD in Central Europe

10:20-10:40 Laurențiu Nedelcu, Brașov: Deprescribing proton pump inhibitors. When and how?

10:40-10:55 Secom - Satellite symposium: Elevation compounds in hepatopathies and support therapy of the whole organism

10:40-11:10 COFFEE BREAK

11:10- 12:50 SESSION 6

CHAIR: Carmen Fierbinteanu, Laszlo Herszenyi

11:10- 11:30 Laszlo Herszenyi, Budapest: Acute abdomen in the elderly - general considerations

11:30- 11:50 Ivica Grgurevic, Zagreb: Noninvasive assessment of portal hypertension

11:50- 12:10 Tamara Milovanovic, Belgrade: The management of infections in liver cirrhosis

12:10- 12:30 Roxana Sirli, Timișoara: Patients with chronic hepatitis C following sustained virologic response – where to?

12:30- 12:50 Carmen Fierbinteanu, Bucharest: Breath testing in the evaluation of NASH

12:50-13:00 Laszlo Herszenyi, Budapest: Conclusions and outcomes of the EAGEN Guidelines Meeting for Central European Countries Siofok 2018

13:00-13:10 Closing, poster awards - Guenter J. Krejs, Graz; Ioan Sporea, Timisoara and Dan L. Dumitrascu, Cluj-Napoca

13:10-15:00 LUNCH

15:00 Opening of UEG Postgraduate Course



EAGEN Postgraduate Course

Health & Disease in the Aging Population - The Role of the Gastrointestinal Tract

15:00-15:30 INTRODUCTORY LECTURES

CHAIR: Dan Dumitrascu, Ioan Sporea, Peter Malfertheiner

15:00 – 15:15 *Piero Portincasa, Bari:* Aging at the interface of biology and culture

15:15 – 15:30 *Luigi Ricciardiello, Bologna:* Molecular mechanisms of aging

15:30-18:00 GENERAL CONCEPTS FOR MAINTAINING HEALTH IN THE ELDERLY

CHAIR: Kerstin Schuette, Luigi Ricciardiello, Tomica Milosavljevic

15.30 – 15.45 *Carol Stanciu, Iași:* Health & Disease in the aging population. Challenges of the Gastroenterologist

15:45 – 15.50 Q & A

15.50 – 16:05 *Kerstin Schuette, Kiel:* How to optimize dietary habits?

16:05 – 16.10 Q & A

16:10 – 16:25 *Amritpal P. Hungin, Dunham:* Constipation in the elderly: emphasis on primary care

16.25 – 16.30 Q & A

16:30 – 16:45 *Peter Malfertheiner, Magdeburg:* Modulation of gut microbiota (ie probiotics) for healthy ageing

16:45 – 16.50 Q & A

16:50 – 17:05 *Pierluigi Fracasso, Rome:* Diverticular disease in the elderly: emphasis on primary care

17:05 – 17.10 Q & A

17:10 – 17:25 *Gabriel Prada, Bucharest:* Gastrointestinal diseases in the elderly: the epidemiological perspective

17:25 – 17.30 Q & A

17:30 – 17:45 *Guenter Krejs, Graz:* An illustrative case for interaction 80 year old female with diarrhea

17:45 – 17.50 Q & A

17:50 -18:00 Conclusion of the day

20:00-22:30 CONGRESS DINNER at Flora Restaurant (Splaiul Tudor Vladimirescu 14, Timișoara)



SATURDAY, 16 FEBRUARY 2019

UPPER GASTROINTESTINAL DISEASES IN THE ELDERLY

CHAIR: Simona Bataga, Amritpal P. Hungin, Piero Portincasa

08:30 – 08:45 *Dan Dumitrașcu, Cluj-Napoca*: Motility disorders

08:45 – 08:50 Q & A

08:50 – 09:05 *Francisc Megraud, Bordeaux*: Still worth eradicating H.pylori at age above 70/80?

09:05 – 09:10 Q & A

09:10 – 09:25 *Tomica Milosavljevic, Belgrade*: Emergency: 70 yr old patient, upper GI bleeding. How proceed?

09:25 – 09:30 Q & A

09:30 – 09:45 *Teodor Surdea-Blaga, Cluj-Napoca*: Patient with dysphagia: interactive case presentation

09:45 – 09:50 Q & A

GI ONCOLOGY - SPECIAL CHALLENGES IN THE ELDERLY PATIENT

CHAIR: Roxana Sirli, Dominik Noerenberg, Jaroslaw Regula

09:50 – 10:05 Hepatocellular cancer:

Alina Popescu, Timișoara: Medical therapy

Dominik Noerenberg, Munchen: Radiological interventions

10:05 – 10:10 Q & A

10:10 – 10:50 Colon cancer:

10:10 – 10:18 *Jaroslaw Regula, Warsaw*: What is the optimal age for CRC screening

10:18 – 10:26 *Catalin Vasilescu, Bucharest*: How to make surgery and other forms of therapy safe for the elderly?

10:26 – 10:34 *Dominik Noerenberg, Munchen*: Interventional radiology for metastases?

10:34 – 10:42 *Andrada Seicean, Cluj-Napoca*: Selected indications for endoscopic interventions?

10:42 – 10:50 *Jaroslaw Regula, Warsaw*: Medical therapy support only or chemo as well?

10:50 – 11:05 Q & A

11:05 -11:30 COFFEE BREAK



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INTERACTIVE CASE SCENARIOS

CHAIR: Pierluigi Fracasso, Andrada Seicean, Alina Popescu

11:30 – 11:45 *Roxana Sirli, Timișoara:* Multi-morbid patient with drug induced diarrhea

11:45 – 11:50 Q & A

11:50 – 12:05 *Simona Grad, Cluj-Napoca:* Elderly patient with diabetes and delayed gastric emptying

12:05 – 12:10 Q & A

12:10 – 12:25 *Anca Dimitriu, Bucharest:* Pelvic floor dysfunction in an elderly patient

12:25 – 12:30 Q & A

12:30 – 13:30 LUNCH

FINAL SESSION

CHAIR: Jaroslaw Regula, Peter Malfertheiner, Davor Stimac

13:30 – 13:45 *Jaroslaw Regula, Warsaw:* How to best prepare a slide presentation

13:45 – 14:00 *Peter Malfertheiner, Magdeburg:* Take home messages

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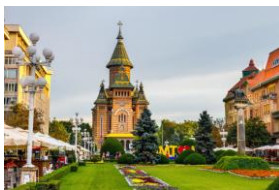
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ABOUT TIMIȘOARA

- Timișoara is one of the oldest cities in Romania, cultural center and bridge between Romania and the Western countries
- Timișoara was the first European city and globally second to New York, which introduced electric street lighting in 1884. Bega River was also the first fairway of Romania, leading to increased trade in those periods
- Timișoara is nicknamed „Little Vienna” because of the rich cultural life, the historical remains and the buildings dating from the 18th century. Huniade Castle is the oldest, built between 1443-1447 by John Hunyadi
- Timișoara’s charm consists of its distinct cultural life, with an impressive combination of Byzantine architecture, baroque and modernism. Some of the most interesting tourist attractions of the city are the elegant baroque buildings surrounding the major markets. A main tourist attraction is Victoria Square and Orthodox Metropolitan Cathedral, with a monument dedicated to the revolution of 1989
- Timișoara is home to many theater performances and a hectic nightlife. For a cultural experience enjoy the Banat Philharmonic or the National Theatre and the many art galleries.

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USEFUL INFORMATION

Official languages: English, Romanian

Secretariat: The scientific Secretariat will be located inside the Central Library of Polytechnic University of Timisoara, and will be available with the following program:

Thursday, February 14: 08:00 - 17:30

Friday, February 15: 08:30 - 18:00

Saturday, February 16: 08:30 – 14:00

Certificate of Attendance: We remind you that the **Congress** was accredited with a total of **10 EMC credits** by the Romanian College of Physicians and the **Course** was accredited with a total of **5 European CME** by the European Accreditation Council for Continuing Medical Education (EACCME®)

Catering: Lunch and refreshments will be served to participants as scheduled, in specially designated spaces within the event location.

Liability and Insurance: Organizing Committee and PPROevents & Congress assumes no responsibility for damages of any kind caused by participants or accompanying persons, nor for loss or damage to baggage or other personal belongings of the participants. Any expenditure incurred at hotel restaurants or mini bar in the room, will be borne entirely by the participants.

Recommendations for speakers: Oral presentations will be held in English, with power point slides (visual support) in English.

Submission shall remain the property of the author and shall not be used without permission.

We recommend that you send your presentation with at least 2 hours before the session begins directly in the hall of your presentation during coffee breaks or lunch, if possible.

Technical specifications:

- Please have the presentation on portable media: USB, CD, DVD, external hard drive and if possible to have a copy of the presentation on e-mail
- PowerPoint Versions supported are: '97, 2000, 2003, XP, 2007 and 2010. No other programs are accepted.
- If you use Powerpoint.Mac or Keynote, please export your presentation as .ppt for Windows or have your own computer and a presentation projector adapter for Mac
- Please familiarize yourself with the remote projection, timer and microphone
- Do not exceed in any case your presentation time



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Logistic organizer contact:

Cristina Milenkoski – 0755 123 437,
cristina.milenkoski@palomatours.com

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