



THE 23rd BALKAN MEDICAL DAYS
The Balkan medicine during COVID-19 pandemic

online event

ORGANIZED BY

**The Romanian National Section
of the Balkan Medical Union**

01-02 October 2021

Program

COMMITTEES/ COMITÉS

ORGANIZING COMMITTEE (COMITÉ D'ORGANISATION)

President (Présidente)

Camelia Diaconu

Associate Professor of Internal Medicine, University of Medicine and Pharmacy Carol Davila, Bucharest, Romania, International Secretary General of the Balkan Medical Union, President of the Romanian National Section

Members (Membres)

Gina Gheorghe

General Secretary of the Romanian National Section of the Balkan Medical Union

Adrian Cotirlet

Madalina Ilie

Romanian National Section of the Balkan Medical Union

Presidents and Board Members of the National Sections of the BMU

(Présidents et Membres du Conseil d'Administration des Sections Nationales de l'Union Médicale Balkanique)

Albania:

Prof. Ylli Popa, President, Tirana

Prof. Mentor Petrela, General Secretary, Tirana

Bosnia-Herzegovina:

Prof. Sekib Sokolovic, President, Sarajevo

Dr. Faris Zvizdic, Vice-President, Sarajevo

Dr. Emina Hrvat, General Secretary, Sarajevo

Bulgaria:

Prof. Venko Alexandrov, Honorary President, Sofia

Prof. Latchezar Traykov, President, Sofia

Prof. Valentina Petkova, General Secretary, Sofia

Dr. Kalina Andreevska, Treasurer, Plovdiv

Cyprus:

Prof. Hasan Besim, President, Nicosia

Dr. Mehmet Inan, Vicepresident, Nicosia

Dr. Kandemir Berova, General Secretary, Nicosia

Greece:

Prof. Niki Agnantis, Honorary President honoraire, Ioannina

Prof. Marianna Karamanou, President, Athens

Prof. Theodor Papaioannou, Vicepresident, Athens

Dr. Gregory Tsoucalas, General Secretary, Athens

Republic of Moldova:

Prof. Gheorghe Ciobanu, President, Chisinau

Prof. Minodora Mazur, General Secretary, Chisinau

Republic of North Macedonia:

Prof. Ninoslav Ivanovski, President, Skopje

Prof. Koko Cakalaroski, Vicepresident, Skopje

Doc. Dr. Igor Nikolov, General Secretary, Skopje

Serbia:

Prof. Jovan Vasiljevic, Honorary President, Belgrade

Prof. Vladmila Bojanic, President, Nis

Doc. Dr. Zoran Bojanic, Vicepresident, Nis

Prof. Boris Djindjic, Vicepresident, Nis

Dr. Dijana Stojanovic, General Secretary, Nis

Turkey:

Prof. Somer Ones, Ex-President, Istanbul

Prof. Sabri Ergüney, President, Istanbul

Prof. Ali Haydar Taspinar,

Vicepresident, Istanbul

Prof. Ertugrul Gazioglu, Treasurer, Istanbul

Honorary Scientific Committee (Comité Scientifique d'Honneur)

Bernard Charpentier, Président de l'Académie Nationale de Médecine de France

Viorel Jinga, Rector of the Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Patrick Berche, Professeur émérite de l'Université Paris Descartes, ancien Président Institut Pasteur Lille, Académie Nationale de Médecine de France

Dan Mischianu, Academy of Romanian Scientists, Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Pierre-François Plouin, Professeur honoraire Faculté Paris-V, Secrétaire perpétuel adjoint de l'Académie Nationale de Médecine de France

Catalina Poiana, Vicerector of the Carol Davila University of Medicine and Pharmacy, Bucharest, Romania

Adrian Saftoiu, University of Medicine and Pharmacy Craiova, Romania, Visiting Professor Copenhagen University, Denmark, and MD Anderson Cancer Center, Houston, USA

Vasile Sarbu, Academy of Romanian Scientists, Ovidius University, Constanta, Romania

Scientific Committee (Comité Scientifique)

Andreea Andronesi (RO)

Gabriela Angelescu (RO)

Corin Badiu (RO)

Dana Baran (RO)

Mara Carsote (RO)

Eliza Cinteza (RO)

Radu Ciudin (RO)

Corina Costache (RO)

Adrian Cotirlet (RO)

Dragos Ene (RO)

Daniela Filipescu (RO)

Madalina Ilie (RO)

Beatrice Ioan (RO)

Dragos Catalin Jianu (RO)

Georges Khayat (Lebanon)

Andrei Kozma (RO)

Daniel Lighezan (RO)

Florin Mihaltan (RO)

Marius Moga (RO)

Anca Pantea Stoian (RO)

Franck Soyez (France)

Raluca Tatar (RO)

Bogdan Timar (RO)

Radu Tincu (RO)

Claudiu Turculeț (RO)

SCIENTIFIC PROGRAM
FRIDAY 01 OCTOBER 2021

09:00-09:30 *Opening ceremony*

09:30-10:00 Session I: History of Medicine

Chairmen: Marianna Karamanou, Vasile Sarbu

09:30-09:40 **Antivax: trois siècles de polémiques**
Karamanou M, Laios K, Androutsos G (Greece)

09:40-09:50 **The COVID-19 pandemic and a possible budding new medical order**
Baran D (Romania)

09:50-10:00 **Epidemics in history: the case of the Great plague of London (1665-1666)**
Michaleas SN, Tzanaki IG, Tsoucalas G (Greece)

10:00-10:30 Session II: History of Medicine

Chairmen: Dana Baran, Gregory Tsoucalas

10:00-10:10 **Asclepias: a divine name for one celestial therapeutic herb ... or two**
Tsoucalas G, Michaleas SN, Gritzalis K (Greece)

10:10-10:20 **The first pharmacies in some countries in the Balkans**
Hristov E, Ognyanov S, Andreevska K, Dimitrova Z (Bulgaria)

10:20-10:30 **Theodoros Zaimis (1848-1922): the philanthropist surgeon**
Laios K, Michaleas SN, Papaioannou TG (Greece)

10:30-12:00 Session Internal Medicine-Cardiology

Chairmen: Pierre-Francois Plouin, Camelia Diaconu

10:30-10:45 **Atrial fibrillation and diabetes mellitus: update 2021**
Lighezan D (Romania)

10:45-11:00 **The ABCDEF's of cardio-renal protection in diabetes**
Timar B (Romania)

11:00-11:15 **Is it possible to predict CRT response by analyzing damaged-DNA in blood taken from coronary sinus?**
Ciudin R, Sipos S (Romania)

11:15-11:30 **The role of physical effort in patients with metabolic syndrome**
Mitu F, Gavril R (Romania)

11:30-11:45 **Coronavirus disease 19 (COVID-19) pandemic effects on admissions and in-hospital outcomes of acute myocardial infarction in Albania**

Simoni L, Alimehmeti I, Tafaj E, Ceka A, Gina M, Dibra A, Goda A (Albania)

11:45-12:00 **Echocardiographic techniques used to identify the myocardial damage associated with SARS-CoV-2 infection**

Toader DM, Paraschiv A, Magareata G (Romania)

12:00-12:30 Symposium Pfizer

Treatment with direct anticoagulants: new guidelines recommendations

Camelia Diaconu (Romania)

12:30-13:50 Session Neurology

Chairmen: Gheorghe Ciobanu, Dragos Catalin Jianu

12:30-12:45 **A comprehensive overview of vascular aphasia**

Jianu DC, Dan TF, Munteanu G (Romania)

12:45-13:00 **Multiple sclerosis patients safely navigating during the COVID-19 pandemic**

Davidescu EI, Mihailescu G (Romania)

13:00-13:15 **Morbidity and eligibility for iv alteplase in patients with acute ischemic stroke in the population of Republic of Moldova**

Ciobanu G (Republic of Moldova)

13:15-13:25 **The importance of emergency medical assistance at the prehospital stage in initiating the specific therapy of stroke**

Catanoi N, Rabovila A, Bernaz E (Republic of Moldova)

13:25-13:40 **Clinical and radiological aspects in cerebral venous thrombosis during the COVID-19 period**

Sadik R, Duron L (Romania, France)

13:40-13:55 Symposium Viatrix

The impact of atorvastatin treatment on cardiovascular risk

Camelia Diaconu

13:55-14:55 Session Surgery

Chairmen: Hasan Besim, Adrian Cotirlet

13:55-14:10 **Patient Blood Management – Start treatment of preoperative anemia, please!**

Filipescu D (Romania)

14:10-14:20 **Extragastrintestinal stromal tumor originating from the pancreas: a case report**

Ene D (Romania)

14:20-14:30 **A case of Meckel's diverticulum perforated in the abdominal wall**

Georgescu F, Turculeț C (Romania)

14:30-14:45 **Laparoscopy for management of nontraumatic acute abdomen**
Cotirlet A, Gavril L, Popa E, Cosa R (Romania)

14:45-14:55 **Ectopic pregnancy after hysterectomy**
Scerbatiuc-Condur C, Mishina A, Mishin I (Republic of Moldova)

14:55-15:10 Symposium Thermo Fisher Scientific

Clinical use of procalcitonin for sepsis diagnosis and monitoring
Camelia Diaconu

15:10- 16:10 Session Endocrinology

Chairman: Corin Badiu

15:10-15:25 **Management of adrenocortical cancer in the context of translational medicine**
Badiu C (Romania)

15:25-15:35 **COVID-19 pandemic: pitfalls of approaching the adrenal tumors**
Carsote M, Petrova E, Popescu M, Ghemigian A (Romania)

15:35-15:45 **Thyroid and parathyroid conditions requiring endocrine surgery: COVID-19 pandemic data**
Carsote M, Petrova E, Popescu M, Ghemigian A (Romania)

15:45-15:55 **Diabetes, obesity and insulin resistance in COVID-19**
Cirjaliu RE, Tofolean DE, Dantes E, Arghir OC, Fildan AP (Romania)

15:55-16:10 **Renal anemia - an early complication in diabetic kidney disease**
Andronesi A, Diaconescu E, Cristache C, Burcea A, Ismail G (Romania)

16:10-16:25 Symposium LEO Pharma

The need for a new concept to approach topical treatment in psoriasis
Stanescu AMA

16:25-17:10 Symposium Worwag: Biofactors

16:25-16:40 **Magnesium in the context of COVID-19 pandemic**
Magherusan M (Romania)

16:40-16:55 **From myths to evidence in adjuvant treatment of liver diseases**
Pitigoi D (Romania)

16:55-17:10 **The role of zinc for health, especially in immunity**
Diaconu C (Romania)

17:10-18:20 Session Endocrinology

Chairman: Catalina Poiana

17:10-17:25 The risk of fracture in patients with type 2 diabetes

Poiana C (Romania)

17:25-17:40 The peculiarities of body composition indices among overweight and obese adults

Suveica L, Cernelev O (Republic of Moldova)

17:40-17:55 Thyroid dysfunction post-COVID-19

Yanachkova V, Staynova R, Yanachkov S (Bulgaria)

17:55-18:10 Vitamin D and the SARS-CoV-2 infection

Capatina C (Romania)

SATURDAY 02 OCTOBER 2021

09:00-09:30 Session Pneumology

Chairman: Florin Mihaltan

09:00-09:15 **The role of air pollution in the spread and increase of COVID-19's morbidity and mortality**

Tincu R (Romania)

09:15-09:30 **Late hypoxia – a medical challenge in COVID-19 era**

Coman AE, Popa E, Slanina AM, Bacusca AI, Barbacariu L, Petroaie A, Cosmescu A (Romania)

09:30-10:30 Session Espace Francophone de Pneumologie

Chairmen: Florin Mihaltan, Franck Soyez, Georges Khayat

09:30-09:50 **Asthme sévère et syndrome d'apnée du sommeil**

Mihaltan F (Romania)

09:50-10:10 **Etude SOMNEF: Prévalence des habitudes de sommeil et des principales plaintes somnologiques d'une population adulte au sein de l'Espace Francophone**

Soyez F (France)

10:10-10:30 **La place des corticoïdes inhalés dans la prise en charge de la BPCO au cours du 21^e siècle**

Khayat G (Lebanon)

10:30-11:00 Symposium Servier

Inhibiteurs du SRAA dans l'hypertension artérielle: que choisir en fonction des preuves cliniques ?

Camelia Diaconu (Romania)

11:00-12:00 Session Académie Nationale de Médecine de France

Chairmen: Pierre-François Plouin, Patrick Berche

Recommandations pour la prise en charge de l'hypertension artérielle de l'adulte

Plouin PF (France)

La pandémie de COVID-19, une perspective syndémique

Berche P (France)

12:00-12:15 Symposium Ewopharma

Clinical experience with adalimumab biosimilar for patients with inflammatory bowel diseases

Madalina Ilie (Romania)

12:15-13:20 Session Gastroenterology

Chairman: Adrian Saftoiu

12:15-12:35 One stop shop of endoscopic ultrasound for the diagnosis and staging of gastrointestinal tract cancers

Saftoiu A (Romania)

12:35-12:50 Controversies of long-term antibiotherapy in advanced colorectal cancer patients with cutaneous adverse reactions to EGFR inhibitors

Mihai MM, Ion A, Giurcaneanu C, Nitipir C, Popa AM, Chifiriuc MC, Popa MI, Říčař J, Popa LG, Sarbu I, Lazar V (Romania, Czech Republic)

12:50-13:00 Clostridium difficile infection – a risk factor for unfavorable outcome in SARS-CoV-2 infected patients - a case series

Odajiu I, Ivan P, Davidescu EI (Romania)

13:00-13:10 Clostridium difficile infection in cirrhotic patients

Toader E, Decusara A (Romania)

13:10-13:20 Upper gastrointestinal bleeding - key aspects of management

Toader E, Decusara A (Romania)

13:20-13:35 Symposium SunWave Pharma

Therapeutic options in chronic liver diseases

Madalina Ilie (Romania)

13:35-14:10 Session Pediatrics

Chairman: Eliza Cinteza

13:35-13:50 Therapeutical possibilities in recurrent pericarditis in children

Cinteza E (Romania)

13:50-14:00 Dermatological manifestations in multisystem inflammatory syndrome in children (MIS-C) associated with SARS-CoV-2

Mihai CM, Balasa AL, Chisnoiu T (Romania)

14:00-14:10 Epidemiology of pediatric burns in pandemic times: changes and challenges

Tatar R, Stoicescu S, Nacea I, Stoica C, Prisecaru B, Enescu DM (Romania)

14:10-15:20 Session Rheumatology

Chairmen: Minodora Mazur, Valentina Petkova

14:10-14:20 The impact of COVID-19 pandemic in patients with rheumatic diseases

Cobilinschi C (Romania)

14:20-14:30 A single-center, open-label, longitudinal, prospective study of health-related quality of life in pharmacy students

Asipova N, Delijski T, Hristov E, Yordanov E, Parvova I (Bulgaria)

14:30-14:40 Systemic lupus erythematosus patients during COVID-19 pandemic

Garabajiu M, Mazur-Nicorici L, Salaru V, Loghin-Oprea N, Sadovici-Bobeica V, Cebanu M, Rotaru T, Mazur M (Romania)

14:40-14:50 An antiphospholipid-antibody syndrome with renal involvement

Stoian M (Romania)

14:50-15:00 Psoriatic arthritis during COVID-19 pandemic

Rotaru T, Mazur-Nicorici L, Garabajiu M, Salaru V, Loghin-Oprea N, Ciobanu M, Sadovici-Bobeica V, Mazur M (Republic of Moldova)

15:00-15:10 In-depth analysis of the role and involvement of pharmacists in clinical studies, clinical trials and non-interventional studies of medicinal products

Atanasov V, Hristov E, Getov I, Getova V, Parvova I (Bulgaria)

15:10-17:45 Session Varia, Public Health

Chairmen: Anca Pantea Stoian, Beatrice Ioan

15:10-15:25 Ethical dilemmas and burnout syndrome in healthcare professionals during COVID-19 pandemic

Ioan BG, Hanganu B, Manoilescu IS (Romania)

15:25-15:35 Doctor-patient relationship: a review of one and a half year of COVID-19 pandemic

Hanganu B, Manoilescu IS, Ioan BG (Romania)

15:35-15:50 Study of the impact of the COVID-19 pandemic on medicinal advertising

Petkova V, Petkova M, Dimitrov M, Hristov E, Andreevska K (Bulgaria)

15:50-16:05 The use of OTC medicinal products and nutritional supplements

Petkova V, Petkova M, Dimitrov M, Hristiv E, Andreevska K (Bulgaria)

16:05-16:20 Death by SARS-CoV-2: A Romanian COVID-19 multi-centre comorbidity study

Pantea Stoian A, Pricop-Jeckstadt M, Pana A, Ileanu BV, Schitea R, Geanta M, Catrinoiu D, Suceveanu AI, Serafinceanu C, Pituru S, Poiana C, Timar B, Nitipir C, Parvu S, Arsene A, Mazilu L, Toma A, Hainarosie R, Ceriello A, Rizzo M, Jinga V (Romania)

16:20-16:30 Changes in vitamin and microelement supplementation during SARS-CoV-2 pandemic

Milenkovic J, Djordjevic B, Djindjic B, Milojkovic M, Dunjic O, Stojanovic D, Bojanic N, Bankovic S, Stojanovic M (Serbia)

16:30-16:40 **Learning from community-led 3D-printing of personal protective equipment during the first months of the COVID-19 pandemic**

Manolesou D, Papaioannou TG (Greece)

16:40-16:50 **The effect of verapamil administration on aluminium tissue accumulation after chronic exposure in rats**

Bojanic N, Stojanovic D, Milojkovic M, Dindic B, Dunjic O, Milenkovic J, Stojanovic M, Velickovic S, Bojanic V (Serbia)

Chairmen: Vladmila Bojanic, Ninoslav Ivanovski

16:50-17:00 **The burden of SARS-CoV-2 infection on patients with non-Hodgkin's lymphoma**

Tomacinschii V, Buruiana S, Robu M (Republic of Moldova)

17:00-17:10 **Hesitancy towards COVID-19 vaccines: an analytical cross-sectional study**

Aloweidi A, Bsisu I, Suleiman A, Abu-Halaweh S, Almustafa M, Obeidat H (Jordan, USA)

17:10-17:20 **Understanding the psychological ramifications of the COVID-19 pandemic among mental health professionals in Romania**

Apostol AMB, Prelipceanu D, Udrea CE, Brezeanu L, Motoescu E, Solnitaru A, Udangiu ELN (Romania)

17:20-17:30 **Response of the Bulgarian pharmacists to the first wave of the coronavirus pandemic - a pilot project**

Gavazova E, Grekova D (Bulgaria)

17:30-17:40 **Instrumental methods in analytical toxicology**

Miljkovic V (Serbia)

17:40-17:50 **Rhodiola root as a platelet enhancing agent – a case report on oncology patient**

Pavlovic D, Catic-Djordjevic A (Serbia)

17:50- 18:25 PhD candidates' session (all flash presentations)

Chairmen: Camelia Diaconu, Theodore Papaioannou

17:50-17:55 **The analysis of a group of COVID-19 patients hospitalized in the Internal Medicine Department of a hospital from Bucharest, Romania**

Cozma MA, Gaman MA, Dobrica EC, Oancea D, Diaconu C (Romania)

17:55-18:00 **Heart failure and sodium-glucose co-transporters-2 inhibitors**

Munteanu MA, Diaconu C (Romania)

18:00-18:05 **Aortic stenosis in patients with heart failure and atrial fibrillation: impact on mortality**

Horodinschi RN, Diaconu C (Romania)

18:05-18:10 MicroRNA in the diagnosis and prognosis of pancreatic cancer
Gheorghe G, Ilie M, Diaconu C (Romania)

18:10-18:15 Neurocognitive impairment among patients with chronic liver disease
Plotogea O, Ilie M, Gheorghe G, Diaconu C (Romania)

18:15-18:20 Novel insights into the relationship between oxidative stress, gut microbota and psoriasis
Dobrica EC, Voiculescu VM, Gaman AM (Romania)

18:20-18:25 Novel strategies of evaluation and management in myeloproliferative neoplasms
Gaman MA, Cozma MA, Dobrica EC, Cretoiu SM, Gaman AM, Diaconu C (Romania)

18:25 INTERNATIONAL GENERAL COUNCIL OF THE BALKAN MEDICAL UNION

CLOSURE OF THE CONGRESS